

# Quimper Unitarian Universalist Fellowship



A Welcoming Congregation

January 2008

## January Sunday Services

### January 6, 9:15 & 11:15 A.M.

*How To Use Your Time*

Rev. Bode. A sermon for the beginning of the new year.

### January 13, 9:15 & 11:15 A.M.

*Pay Attention and Change*

Guest Speaker: Margaret D. McGee. Why is paying attention so hard to do? And what makes paying attention worth the practice? The answer to both questions has to do with reality—the pain that comes from facing reality, and the healing that comes when meaning is revealed, making change possible. Our speaker will use the power of personal story to show how even one moment of close attention can result in deep change.

Margaret D. McGee is the author of *Sacred Attention: A Spiritual Practice for Finding God in the Moment* and *Stumbling Toward God: A Prodigal's Return*. She is a former member and repeat guest preacher at QUUF, and she is also a licensed Preacher and Worship Leader in the Episcopal Diocese of Olympia. Margaret writes about her continuing spiritual adventures on her web site, *In the Courtyard* at [www.inthecourtyard.com](http://www.inthecourtyard.com).

### January 20, 9:15 & 11:15 A.M.

*My Cousin Bernie and the Politics of Change*

Guest Speaker: Dr. Len Mandelbaum. After several years of public law practice, including work with the space agency, the ACLU, and the Puget Sound Governmental Conference, Dr. Mandelbaum taught law, ethics and public administration at Seattle University, where he also organized the Institute of Public Service and the Ethics Institute. In Port Townsend, he has been a mediator and has served on the Planning Commission and the Ethics Committee at Jefferson General Hospital.

Of his sermon theme, Dr. Mandelbaum says: "I scan the major threats and pathologies we face, the major change strategies that have been useful, the 'Gore approach' and its critics, with the aim of crafting something that has a chance to help deal with global warming, inequality and the cynicism of our political culture."

### January 27, 9:15 & 11:15 A.M. (Follow-up discussion from 2:00-3:00 p.m.)

*The Great Turning: The End of Empire and the Rise of Earth Community*

Guest Speaker: Dr. David Korten. Dr. Korten is the author of *The Great Turning: From Empire to Earth Community*. Previous books include the international best-seller *When Corporations Rule the World*, and *The Post-Corporate World: Life after Capitalism*.

Dr. Korten is co-founder and board chair of the Positive Futures Network, which publishes *YES! A Journal of Positive Futures*, founder and president of the People-Centered Development Forum, a founding associate of the International Forum on Globalization, a board member of the Business Alliance for Local Living Economies (BALLE), a member of the Social Ventures Network, and a member of the Club of Rome. He holds MBA and Ph.D. degrees from the Stanford Business School, has thirty years experience as a development professional in Asia, Africa, and Latin America and has served as a Harvard Business School professor, a captain in the US Air Force, a Ford Foundation Project Specialist, and a regional adviser to the US Agency for International Development. In his sermon, Dr. Korten will discuss the power of stories, such as creation stories, to turn the human course.

**NOTE:** There will be a follow-up discussion to Dr. Korten's message from 2:00-3:30 p.m. in the sanctuary.

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## Your Old Nonsense



Bob Logan

The most interesting figure to me in Unitarian history is Ralph Waldo Emerson, 1803 to 1882, a watershed figure in both the Unitarian faith and American culture. Emerson was part of the second generation of American Unitarianism. Though serving only three years as an ordained Unitarian minister (at the prominent Second Church of Boston, 1829-1832), he had a tremendous influence on the course that the Unitarian faith would take in his time and ours.

Emerson broke with the concepts of divine revelation, miracles, and the supernatural, all of which were present in early American Unitarianism up to his time. Through a religious philosophy that came to be known as “Transcendentalism,” Emerson opened the Unitarian religion out into more naturalistic, mystical, and universalistic paths. He put other religions, such as Buddhism, Hinduism, and Islam (Sufism) – all religions he studied and found meaningful – on an even playing field with the Christian religion. (And, importantly for QUUF, Emerson lived in the same city – Concord, Massachusetts – that Kathy Stevenson was born and raised in, and Emerson, as she says, was like a family member to her.)

One of these days I will do an “Emerson sermon,” but for now let me put one of his aphoristic statements before you, something that may be helpful at the beginning of a new calendar year.

“Finish each day and be done with it. You have done what you could; some blunders and absurdities have crept in; forget them as soon as you can. Tomorrow is a new day; you shall begin it serenely and with too high a spirit to be encumbered with your old nonsense.”

Good advice, it seems to me, as we leave one year and enter a new one. Good advice for the coming year as a whole; good advice at the close of each day of this coming new year!

December 20, 2007

Bruce Bode

The official event calendar is available on our  
website: [www.quuf.org](http://www.quuf.org).

Fabric Artists Helen Oakland and Karen Page at work on a new bargello style banner, based on a design by Sandy Stewart. It will be hanging in the Sanctuary beginning January 6.



## From the Board

As my three year term on the Board of Trustees ends, I write to inform you that you may have a misconception about what being a Board member is like. Seeing Board service as merely convening with other UU's to finish off yet another "to do" list is too narrow a view. What's missing is best reflected in the covenant we read as a Board immediately after we light the chalice and before we begin conducting our business. The covenant asks us to "hold in love all that we do for QUUF." We hold each other in love as each of us, as intelligent people, brings our surprisingly different viewpoint to the many routine, long-range and philosophical issues the Board faces. We also recite that "love serves to make service on the Board a spiritual experience." Board meetings are a spiritual experience for me because I see the nine people in the room forming a mini-community and working diligently to do the best they can for the entire congregation.

So you should say "yes" if you are asked by the Nominating Committee to serve on the Board. You will be joining a warm and welcoming community within our fellowship. On the practical side, the time commitment is 2 to 3 night meetings a month and some reading and reviewing you will need to do on your own. So agree to serve already!

David Alvarez

## Designated Offerings

As the new year begins, let us acknowledge and be grateful for the opportunity to support organizations that do such valuable work in our community. Since the beginning of the church year, QUUF has contributed \$4900 to some hard working organizations.

As committee chair I want to thank you for being so generous and making the job of our committee so easy. Thanks for your many suggestions, as well.

**On January 13** we will receive an offering for the **Unitarian Universalist Service Committee Guest at Your Table** drive. This year the funds will help support: the rebuilding of New Orleans after Hurricane Katrina, making the right to water a reality in Ecuador, strengthening the rights of child laborers in Kenya, and helping defend US military personnel's freedom of speech when speaking out against the Iraq war. We will not be distributing boxes this year for this collection, so it will all be done through our Designated Offering. You can also become a member of UUSC with your donation of \$40 for a single adult, \$75 for 2 adults, \$20 for seniors, or \$10 for students. Individual and family contributions of \$100 or more are eligible to be matched by the UU Congregation at Shelter Rock in Manhasset, NY.

**On January 27** we will contribute to **The Boiler Room**, which is dedicated to supporting, positive expressions and activity for youth in our community in a drug and alcohol free coffee house environment.

Members of the Designated Offering Committee are Pam Daly, David Bommer, Sue Estes, Jan Forrest, Gayle Kaune, Rod Mitchell, and Bruce Bode, staff liaison. They welcome and encourage your suggestions of organizations to whom to designate these twice-monthly offerings.

### OTHER MEETINGS (irregular ones not listed)

|                          |                        |                     |
|--------------------------|------------------------|---------------------|
| Personnel Committee      | 3rd Tues.              | 6:30 - 8:00 p.m.    |
| Building & Grounds       | 2 <sup>nd</sup> Thurs. | 4:30 p.m. R.E. 2    |
| Membership / Hosp. Comm. | 3 <sup>rd</sup> Thurs. | 4 p.m. R.E. 2       |
| R.E. Committee           | 3rd Tues.              | 7-9 p.m. R.E. 3 & 5 |

## Children & Youth Religious Education

DRE Kathy Stevenson [kstevenson@olympus.net](mailto:kstevenson@olympus.net)

### RE Calendar

|                   |                                       |
|-------------------|---------------------------------------|
| Jan 8             | 7:00 OWL Parent Meeting (K-2nd grade) |
| Jan 11            | Coming of Age (COA)                   |
| Jan 13            | Challenge Course for COA              |
| Jan 15            | RE Committee meeting-all are welcome  |
| Jan 18            | K-2 OWL begins                        |
| Jan 19            | Book & Media Sale                     |
| Jan 23            | Deadline for Mystery Pal signups      |
| Feb 2             | Newcomer Orientation                  |
| Feb 3, 10,<br>17  | Mystery Pal exchanges                 |
| Feb 3             | Teacher Appreciation High Tea         |
| Feb 3             | Polar Bear Plunge                     |
| Feb 9             | QUUF Service Auction                  |
| Feb 29 -<br>Mar 2 | Annual General Meeting in             |
| Feb 24            | Mystery Pal Find Out Sunday           |

### Mystery Pals

Join us in our popular QUUF Program that encourages communication between the generations and fosters fun and fellowship. The idea is for adults (high school and up) and children (Kind-8<sup>th</sup> grade) to get to know one another while their identities remain TOP SECRET. Pals communicate with each other for 3 weeks using Mystery Pal Pockets that are hung in the RE building and the sanctuary. The deadline for sign up is Jan 23rd. Exchanges happen Feb 3,10,17. Find Out Sunday is on Feb 24<sup>th</sup> after social time following the 2<sup>nd</sup> service. All participants must be present on this day. We especially need grandma and grandpa types to sign up. More information is attached to the applications which can be found in the clipboard holder and on the RE table.

**OWL (Our Whole Lives)**, sexuality education for Kindergarten – 2<sup>nd</sup> grade begins with a parent meeting January 8<sup>th</sup>. All registered families with children this age should have received OWL information. If you have not received the mailing, contact Kathy immediately.

### YRUU

The Polar Plunge is coming! Come see your favorite youth or youth advisor freeze their everlovin' booties off on February 3rd. After the service, we will head off to the Fort Worden Beach near the kitchen shelter and dunk as deep as we dare in the frigid waters. Youth, start thinking warm thoughts now!

In other youth news, we are planning a "special event" one Sunday in January. We are open to suggestions, maybe a Seattle day, sporting event, or some other fabulous idea. Email your suggestions to Stephanie - [stepha@q.com](mailto:stepha@q.com).

**Guest At Your Table** – We will not be distributing boxes for this UUSC fundraiser this year. The ideal of sitting around the dinner table and making the pictures on the box come alive seems to be unrealistic. Please see the Designated Offering article for more information.

**World Religions** – Treasure Hunters, Wisdom Seekers and Middle School Youth begin their units on world religions. January will focus on Islam.

### Thank You, New QUUF Chalice Lighters!

Thanks to all of the QUUF members who joined the Chalice Lighters during our October campaign. As you know, in order for QUUF to qualify for a Chalice Lighter grant, 30% of our members must belong to the program. At last count, we now have 98 members (39.2% of our 250 members). For those of you who missed the opportunity to join the Chalice Lighter Program, it is as easy as filling out a Chalice Lighter Enrollment Form.

Brochures are available on line or in the back of the sanctuary. Follow this link for information:

<http://www.pnwd.org/chalichelighters.php#become>

Follow this link for the Chalice Lighters brochure:

<http://www.pnwd.org/pubs/ChaliceLighter.pdf>

Follow this link for the enrollment form:

<http://www.pnwd.org/pubs/chaliceLightersEnrollment.pdf>

Up to three letters a year will come your way telling you the purpose of the call and asking you to send in your pledge of at least \$10 (\$20 per couple). Each call will go for the purposes described in the letter, so you will know exactly where your money will be going to work. With more than 1400 members, our money grows quickly, generally resulting in grants of \$12,000-\$15,000 per call.

Once our building design is approved and we know the details of our needs, QUUF plans to apply for a grant. So please become a part of this program, to help not only our congregation, but congregations throughout Washington, Oregon, Idaho and Alaska.

## QUUF Events

### FRIENDSHIP SUPPER

Friendship Suppers are a great opportunity to meet new members of the congregation, guests of QUUF and/or enjoy a meal with old and new friends. There can be a theme for the evening or just a casual gathering. The next supper is to be scheduled for January 19, 2008. Attendance can be as large or small as you would prefer. If you would be interested in hosting a Friendship Supper at your home, please contact Kate McDaniel (360-385-1405 or [kandkmcdaniel@msn.com](mailto:kandkmcdaniel@msn.com)).

### Best Booksale Coming Soon!

Our Annual QUUF Used Book Sale is scheduled for **Saturday, January 19!** Please set aside your good, clean, books, videos and DVD's to donate that week. If you would like to volunteer to help with the booksale, call Alta Crawford @ (360) 379-4716 or email: [aleenow@aol.com](mailto:aleenow@aol.com).

### Winter Orientation is February 2

Do you want to know more about Unitarian Universalism and this fellowship? Come Saturday, February 2 (9:00 to 2:30), for an introduction to these topics and a chance to ask questions and participate in discussions. Rev. Bruce Bode and members of QUUF offer this one-day program that includes lunch and child care. Attending an orientation is helpful to anyone considering membership or becoming a Friend, although not required. A sign-up sheet is available in the back of the sanctuary or on the greeter table. If you have questions or are unable to attend, speak to Bruce (379-0609) or Barb Dyer of the membership committee (379-0353).

On **Sunday, February 17**, new members will be recognized at services. If you came to a previous orientation and/or desire to become a member or Friend at this time, please speak to Bruce or Barb. (Note: Members may vote at congregational meetings, become board members or committee chairs, and receive the quarterly publication, World. QUUF pays dues of approximately \$80 per member to the UU Association. Except for these, Friends have all other privileges, including the opportunity to pledge annually.)

### Hold the Date

**Stewardship Dinner: Saturday, March 29, 2008.**  
Erickson Building, Jefferson County Fairgrounds

## ALPs (Adult Learning Programs) WINTER & SPRING, 2008

### SPECIAL EVENTS:

#### *Dance, Dance, Dance!*

*Afternoon workshops and  
an evening of performance of modern dance -  
Jan. 19, Saturday, Chapel at Fort Worden  
WITH*

The Next Stage Dance Theater of Seattle

***Performance: 7:00pm** - The company will perform selections from their 2007 season. The Next Stage Dance Theater was co-founded by Dominique Gabella of Switzerland in 1999. Dominique danced extensively in Europe and South America before she came to New York City to direct and dance for 12 years at the internationally acclaimed modern dance company Dance Music Light. Dominique will be joined by four other dancers and choreographers with experience dancing in Europe, Asia and the U.S. Their repertoire is extensive ranging from traditional Graham-based technique to the Nihon Buyo of classical Japan.*

*The Next Stage Dance Theater is committed to bringing the wisdom of age to movement and choreography. It is their hope to provide an arena for mature dancers to express themselves. You are therefore invited to participate in the following workshops on Saturday afternoon.*

***Workshop #1: 1:00-2:30pm** - Graham-based Technique with Dominique Gabella (open to all levels). This class will explore the style and technique of Martha Graham through basic exercises (floor work, standing and moving through space) in an organic manner. To finish the workshop, Carolyn Rosenfield will lead a "Cool down," integrating fluid movement, breath and alignment.*

***Workshop #2: 2:45-4:15pm** - Japanese Dance Technique with Kazuko Yamazaki. Here is a rare opportunity for you to learn Japanese dance from a licensed master. You will be introduced to basics of Japanese dance movement and technique used in traditional theaters like Noh and Kabuki.*

*To purchase tickets for the evening performance or for participation in the workshops, contact Rod Mitchell, 385-3277, or Nancy Graham, QUUF office, 379-0609.*

FRED HUTCHINSON SPEAKER NINA SALAMA, Saturday, March 15, 7pm, QUUF sanc. Dr. Nina Salama, a microbiologist, at the Fred Hutchinson Cancer Research Center, Seattle, will give a presentation about her work on a bacterium linked to gastric cancer, the second leading cause of cancer death worldwide. Dr Salama and her colleagues are picking apart the genes of this bacterium to better understand how it functions and how it stimulates the human immune system to sometimes cause gastric cancer. She wants to understand the decades of molecular cross-talk between the host and the bacteria that causes some people to have stomach pains while others wind up with cancer. This is an opportunity for you to see how cutting edge scientific research is conducted and learn more about the interaction of genetics, the immune system and cancer. Dr. Salama has given many talks as a part of the Fred Hutchinson community outreach program and is sensitive to an audience with widely varied scientific backgrounds. For further information, contact Rod Mitchell, 385-3277.

#### COURSES:

##### WRITING CONFIGURATION:

A WRITER'S WORKSHOP, Jan. 5-26, Saturdays, 10am-12n, RE2-3, Nell Altizer, facilitator. This four-week writing seminar will explore the metaphorical nature of language to discover how the pictures words make affect the shapes we form on the page. Participants can choose among many writing genres—essay, journal, poetry, fiction, travelogue, diary, letters, etc.—to fulfill the weekly assignment of bringing several pages written that week to read and discuss in class. Our text will be a hard-cover dictionary (I recommend the *American Heritage* because of the appendix in the hard-cover edition of the Indo-European roots of the English language) and handouts. My goal is for us to become better writers through a reawakened joy in and love of words. *Maximum 14.* Nell Altizer: 379-0358; nella@olympus.net.

##### RELIGION, SOCIETY & POLITICS:

CONTEMPORARY ARGUMENTS, Jan. 7, 21, Feb. 4, 18: Four Mondays, BIWEEKLY, 7-9pm, RE 2-3, Carolyn & Jack Salmon, facilitators. How do we as religious liberals function in today's milieu? The Pentagon Papers, the establishment clause (separation of church and state) in the First Amendment of the Bill of Rights, American exceptionalism, and setting our national priorities all illustrate the intersection of religion, society and politics in the US today. Let's have a discussion based on the following sources: **Jan. 7:** The Pentagon Papers, then and now. A video of the UUA GA presentation by

Daniel Ellsberg, Sen. Mike Gravel, Rev. Robert West, moderated by Amy Goodman. **Jan. 21:** "For America's Sake," a speech by Bill Moyers discussing national priorities.\* **Feb. 4:** First Freedom First: How to strengthen religious liberty and the integrity and vitality of our democracy. An audio of the UUA GA presentation by Rev. Welton Gaddy & Rev. Barry Lynn. **Feb. 18:** "American Exceptionalism meets Team Jesus": a written interview with James Carroll, author, *Boston Globe* columnist, documentary filmmaker.\* **Each session stands alone; come to all or some.** Carolyn and Jack Salmon: 379-9392; 2salmon@earthlink.net

\*These documents will be provided to participants by email or printed as requested.

##### CHOICES FOR SUSTAINABLE LIVING,

Jan. 17-Mar. 13, Thursdays, 7-9pm, RE2-3, Helen Kolff, facilitator. "Choices for Sustainable Living" is a 9-week discussion course offered through the Northwest Earth Institute which explores the meaning of sustainable living and the ties between lifestyle choices and their impact on the earth. At the Intro on Jan. 17, Helen Kolff will give an overview and distribute the book of readings (\$20). *Max.=20.* Contact Helen for more info at 379-4858.

##### INCONSTANT MIRROR: THE CHANGING

VISUALIZATIONS OF OPERA, Jan. 17-Feb. 21 (skip Feb. 7), Thursdays, 7-9pm, sanc, Beatus Meier, facilitator. Music theater at its best has always served as a more or less explicit mirror of life, society and world view. During the most recent two or three decades, the visual presentation of opera (including, in particular, design and stage action) has been subject to several radical changes, symbolic of the upheavals our society has been going through. Paradoxically, the musical aspects of opera production - being to a large degree predetermined by the composer's score - have remained fairly constant. As a result, there is often a perplexing duality between what was envisaged by the composer and what we get to see in today's theaters.

This is a five week series of discussions exploring that duality. The class will watch a series of opera excerpts (DVD's), including samples of the same scenes excerpted from two different productions of that opera, and will then share observations and thoughts about the respective approaches. Rather than presenting an academic overview of contemporary trends, my goal is to get into the middle of the unique questions arising when music and theater are combined. Beatus Meier: 379-2920; beatus@olympen.com

SPIRIT OF LIFE: A TAPESTRY OF FAITH PROGRAM, Jan. 20, Feb. 10, Mar. 9, Apr. 20, May 18, June 15: one

**Sunday per month, 2-4pm, RE2-3, Karen Frank, workshop leader.** This six-workshop series is based on a UU Tapestry of Faith Program for Adults curriculum developed in 2007, using concepts from the song, "Spirit of Life." **Jan. 20, Workshop 1: Spirit of Life: Exploring spirituality for UUs.** Subsequent workshop topics include Sing in My Heart: Celebrations and Rituals, The Stirrings of Compassion: Caring for One Another. Each session is based on a concept in the song and on specific UU principles and sources. The workshops "stand-alone" - you can attend one or the whole series, although we'll have greater continuity and depth if people attend most of the workshops. For more info, call Karen at 385-4255.

#### THE POETRY OF ROBERT FROST,

>> EITHER <<

**Feb. 1-Mar. 14 (skip 2/29), 6 Fridays, 10am-12n,**

>> OR <<

**Feb. 5-Mar. 18 (skip 2/26), 6 Tuesdays, 7-9pm, RE2-3, Bruce Bode, facilitator.** This class, similar in structure to other poetry classes I've led, will be an opportunity to read and discuss the poems of one of America's most well-known (and deservedly so) poets. The class will include the showing of an excellent one-hour video on Frost, as well as an opportunity to hear Frost read a number of his own poems. The text we will use is a popular and easily available edition of his collected poems compiled by Edward Lathem titled, *The Poetry of Robert Frost*; or, if you would like Frost's prose and plays as well, you may wish to purchase, *Frost: Collected Poems, Prose, & Plays*, published by The Library of America. Min: 7, max: 20. Please purchase text for class on your own. Questions? E-mail at bruce@olympus.net, or call the church office, 379-0609.

**UNDERSTANDING THE MIDDLE EAST, Mar. 3, 17, 31, Apr. 14, Four Mondays: BIWEEKLY, 7-9pm, RE2-3, Hyatt Barnes, facilitator.** What do General "Chinese" Gordon (played by Charlton Heston in "Khartoum"), Winston Churchill, Osama Bin Laden, and the genocide in Darfur (that has occupied recent headlines) all have in common? What 20th-Century book and movie propaganda campaign of 50 years ago still constitutes one of today's major challenges to U.S. foreign policy by its effect on American sympathies? When and where did the second "Cold War" start, and why is it hugely more complicated and challenging than the first? A buzz word used at the highest U.S. levels is considered extremely antagonistic by Muslims - what is it and why is it?

These questions (and their answers which will form the crux of discussion) give you some idea why Americans find the whole subject of the Middle East complex and even confusing. This discussion program will hopefully help participants draw connections between seemingly unrelated events, times, and places which will reduce the complexity and clarify the confusion. Hyatt Barnes: 437-4120; hcbarnes@tscnet.com.

**"GETTING TO YES:" PRACTICAL TIPS FOR BUILDING CONSENSUS, March 22, Saturday, 10am-12n, RE2-3; Earl Murman, facilitator.** Effective group work often involves building consensus, yet this can be a difficult challenge at times. In this session we will share experiences we have had – successful and unsuccessful – and develop practical tips for building consensus. Our starting point will be to discuss the short and easy to read book *Getting to Yes: Negotiating Agreement*. Earl Murman, 379-5372.

#### ONGOING EVENTS:

**EARLY BIRD BOOK DISCUSSION GROUP, Every Sunday to June 8, 7:50-8:50am, RE 2; Bruce Bode, facilitator.** An ongoing reading group that discusses non-fiction books chosen by the group on a variety of subjects. Typically, the group will read a chapter or two of the chosen book per week. Please see updates in the Sunday bulletin for current book being discussed, or contact Rev. Bode with questions: office phone, 379-0609; bruce@olympus.net.

**SCIENCE NIGHT: ASTRONOMY, 1st & 3rd Sundays of each month to May 18, 6-8pm, sanc., Jim Oakland, facilitator.** The wonder of the night sky tells us that our world is part of a vastly larger cosmos. But how large is it, where do we fit in, how did it all begin? These questions and many others are the subject of video lectures (DVDs projected on screen) by Dr. Alex Filippenko of the University of California, Berkeley, and are part of an astronomy course from *The Teaching Company*. Prof. Filippenko has a very relaxed lecturing style, and an abundance of animations, graphics, and beautiful photos mostly taken from telescopes (including Hubble), which makes watching a pleasure! Everyone welcome - you do not need to have attended the first lectures to be able to enjoy these videos! Jim Oakland (379-6561; jhoakland@olympus.net).

## Stewardship Committee

### What is Fair Share all About?

With the upcoming pledge drive, you will be hearing a lot about “fair share” so we would like to address both what is fair share and what is fair about fair share? Many of you are familiar with the term and you may remember the table that has been included in the pledge brochure for the past few years and the box to check on the pledge card indicating that you have given your fair share.

The fair share guide is a tool or a guide designed to help you think through what your annual gift might be and to help the fellowship develop a realistic budget. Virtually all fund raising efforts today don't just provide you with a blank line to fill in. They suggest varying amounts with titles indicating a hierarchy of generosity; e.g., member, benefactor, philanthropic leader, generosity guru. Of course you can give what you wish or you can check off the box that most nearly describes you and give accordingly. Many religious organizations rely on the authority of the book or the high priest to set the giving level – the traditional tithe. UUers want to rely on their own judgments. That judgment must be informed by the commitment and ability of the giver as well as the needs and expectations of the congregation. That is what the fair share giving guide attempts to do. Developed by a UU congregation in Texas and modified by others, it tries to identify both levels of donor commitment and the ability to pay based on income levels. Recognizing that we all have unique financial constraints, the guide advises donors to subtract significant medical expenditures, costs of child and/or parental care, higher education expenses and other significant financial commitments from the income base. The result is a guide which many find very useful. Others may find it very troubling. They may see it as a threat to their autonomy: “You are telling me what to do in essentially a very private matter” or an insult to their integrity: “You are telling me I am not giving enough.” If you are in either of these groups, please try to think of the guide as an aid to help you pledge what you want to give, not what you are being nagged or shamed into giving. In your hearts, only you know what you want and are able to give.

In addition to helping the individual find the right giving niche, the fair share guide helps the congregation as a whole determine a realistic financial picture. Pledges that are thoughtful and heartfully made tell us how

much money we have to work with. A carefully constructed budget based upon real costs tells how much money we need. If the need is greater than the pledges we must either trim the budget or go back to the well and raise more money.

Essential to this equation is the construction of the budget. The budget is basically a document of our congregational values. It spells out how we want to spend our money - what programs are important, how well we will compensate our employees that enable us to carry out those programs, and how we will build and maintain our spiritual home that houses our programs. Critical to pledge decisions and other fund raising is the understanding and commitment to the budget priorities. The Board, Finance Committee and the Stewardship Committee all have heavy responsibilities in articulating these goals in order that individual members can feel their donations will achieve these goals. Fair share means that everyone is working, whether it is working harder to create and articulate a vision, working harder to explain in simple and compelling terms what money is required, or digging deeper into our pockets to assure that money is there.

If everyone is doing their fair share, we will all have the fellowship that will enable us to reach our highest goals. The Stewardship Committee is asking you to examine the Fair Share giving guide as a methodology to meet the financial end of the equation.

### Scholarships for AGM Available

This year's Annual General Meeting of the Pacific Northwest District of the Unitarian Universalist Association will be held in Tacoma from **Friday Feb. 29-Sunday March 2**. It is an opportunity to network with other UUs and take several workshops on a wide variety of topics. If you are interested in attending, please check out [www.pnwd.org/agm/php](http://www.pnwd.org/agm/php) for details. The QUUF Scholarship Fund is available to help cover the cost of registration for those who would like to attend, but whose financial situations make it difficult to do so. If you would like to apply for a scholarship, please email Betty Oppenheimer at [bettyo@olympus.net](mailto:bettyo@olympus.net) for a Special Funds Scholarship grant application.

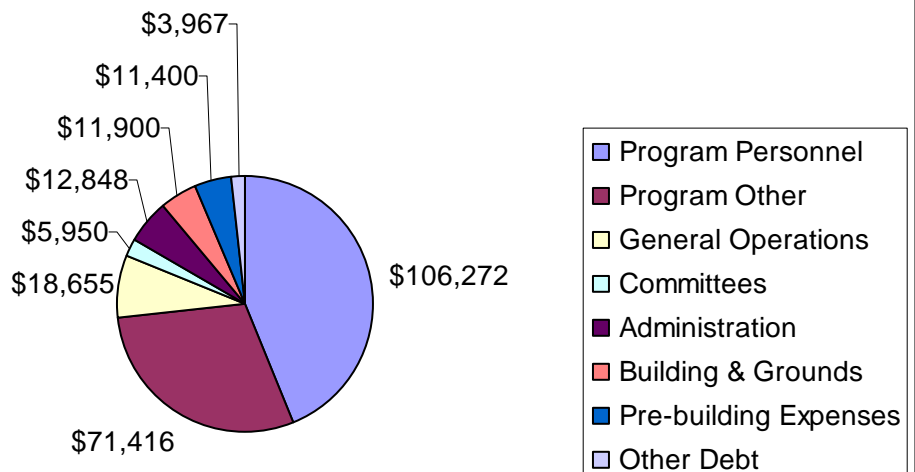
Because AGM is relatively close to Port Townsend this year, some folks are considering registering for Saturday only (registration is \$125 instead of \$185), driving down early Saturday morning and home the same evening, and saving the costs of lodging. As the date nears, carpooling groups can be formed to facilitate this plan.

## Money Matters

Money Matters is intended to provide QUUF members with information about the Finance Committee and the Fellowship's finances, and in this issue, a brief overview of QUUF finances is presented. The Finance Committee manages the overall finances of the Fellowship and provides financial recommendations to the Board of Trustees. The responsibilities, policies, and procedures that the Finance Committee follows are specified in the Operating Procedures, which can be found on the Fellowship's website. To stay on top of financial matters and provide meaningful recommendations to the Board of Trustees, the Finance Committee meets monthly along with the Fellowship's Treasurer and a member of the Board of Trustees (the Board Liaison). As membership grows and planning for the building expansion proceeds, there are a number of items that the Finance Committee needs to take care of. Some of the items that the Finance Committee is currently working on are listed below:

- preparing a 2008/2009 operating budget;
- researching loan requirements and identifying potential lending institutions;
- conveying financial information to Fellowship members;
- reviewing Fellowship investments for security and return rates;
- assessing internal risks and identifying appropriate internal controls; and
- preparing a five-year budget projection.

The Fellowship has 11 funds that the Finance Committee oversees. Using financial information provided by the Treasurer, the Finance Committee reviews the current operating budget and the financial status of each fund regularly. The operating budget for the 2007/2008 church year is \$242,408, most of which comes from annual pledges. Some other sources of income include fundraising, building rental, and collection plate donations. The chart at right shows how money in the current budget is distributed.



## Green Sanctuary

### Environmental Lobby Day

**Wednesday, January 23<sup>rd</sup> all day trip to Olympia**

Contact Diane Haas of the Green Sanctuary and Social Action/Education Committees [dianehaas@gmail.com](mailto:dianehaas@gmail.com) if interested.

Join UU Voices for Justice, Priorities for a Healthy Washington, and others for issue briefings and lobbying on:

**Washington Climate Action.** Our state has set goals to reduce global warming pollution, and now it's time to make these goals real. Responsible limits on climate pollution will help our clean energy economy, increase energy independence, and create good new jobs.

**Local Solutions to Global Warming.** With the dramatic population growth expected in our state, we must make responsible decisions now on where we live and how we get around so we can reduce driving and promote efficient, livable communities while preventing global warming pollution.

**Evergreen Cities.** It is time to keep existing trees and forests in our cities and plant new ones to enhance quality of life for people and provide cleaner water and habitat for birds and wildlife.

**Local Farms - Healthy Kids.** This effort addresses concerns about the diet and health of our children and the well-being of our small and mid-sized farms by getting more locally grown produce into our schools and food banks.

## Growth News

Take a look at the Building Project bulletin board to see what the new addition might look like. We are making good progress on the costing efforts. In mid January we will have the estimated direct construction costs (hard costs) for the building from Malcolm. We will also have the soft costs estimate from the Building Steering Committee. Soft costs include everything from street development to financing fees to new chairs for the sanctuary. These, together with our contingency fund and the yearly mortgage payments to come, must be balanced by our sources of income: building pledges, a mortgage, volunteer labor, and prospective increases in annual pledges resulting from new members who appear when they see our increasing space.

Taken together, all of these figures will give us a carefully estimated budget to work with. During January and February design changes reflecting the budget will be made that you will learn about in the next issue of the Newsletter.

Between now and then the task forces will be prioritizing their hopes/wishes to guide the adjustment process. If you want to participate, join the task force that addresses the issue you care most about. That's how to **make your voice heard**. The task forces include: Acoustics (Ned Schumann, [quuf.nschumann@olympus.net](mailto:quuf.nschumann@olympus.net)), ALPs (Rod Mitchell, [rodm90@cablespeed.com](mailto:rodm90@cablespeed.com)), Building Green (David Rymph, [drymph@gmail.com](mailto:drymph@gmail.com)), Building Outdoor Areas and Landscaping (Kate Dwyer, [kdwyer@olympus.net](mailto:kdwyer@olympus.net)), CYRE (Kathy Stephenson, [kstephenson@olympus.net](mailto:kstephenson@olympus.net)), Kitchen (Cynthia Knudson, [cynthiak@olympus.net](mailto:cynthiak@olympus.net)), Library (Marilyn Mitchell, [rodm90@cablespeed.com](mailto:rodm90@cablespeed.com)), Worship/Music Space (Dave Hundhausen, [pdhundhausen@yahoo.com](mailto:pdhundhausen@yahoo.com)), Interior Aesthetics and Furnishings (Jackie Barr, [jdbarr@olympus.net](mailto:jdbarr@olympus.net)) and Accessibility (Erica Brunquist 385-9540).

In early February there will be a Congregational Discussion to make sure everyone hears where we are in the building budget as well as to give everyone a chance to weigh in. And finally, in late February or early March, we will vote to okay the plans and begin work.

Marcia Lewton

## The Greening Kitchen

**Dear Kitchen Witch,**

I am curious about recycling. Can aluminum foil be recycled? What about Post Its?

Keeping it simple,  
Gaiam

**Dear Gaiam,**

**By definition recycling is placing materials back into the manufacturing stream.** Recycling Centers want to sell paper, glass, aluminum, and tin. Good sorting has enabled recycling centers to divert 79 million tons of material away from landfills in 2005 while only 34 million tons were recycled in 1990. Recycled goods require less energy and water to manufacture than virgin materials.

What Jefferson Recycling Center will accept is listed on the back of your Pick-up Schedule, the website, and free brochures available at the Health Department next to QFC. All materials must be clean to be sold. Any soiled materials will be sorted into the garbage at the Recycle Center. An undiscovered partially filled latte cup, for example, can contaminate an entire load and turn those recyclable materials into garbage.

Yes, **aluminum foil** can be recycled when it is rinsed, just as **Tom's Tooth Paste tubes** can be recycled with the top cut off and all excess paste squeezed out. For paper to be recycled, it must be **100% paper with no plastic or foil linings**. **Post Its can be recycled when you rip off the glue strip**. Silicon paper found under name tags is not recyclable. Even clean paper towels are not recyclable. **Only #1 and #2 plastics** are accepted at JRC.

JCHD

Vegetarian Times, Summer, Best Buys

### Photo Directory

Do you ever have trouble matching a face with a name at QUUF? It is understandable, as we have grown to 250 members, 100 children and youth, and many 'friends'. We have plans to update our photo directory by mid February. The current directory is displayed on the bulletin board to the right as you enter the sanctuary. Please read the instructions on the left side of the display. There are several choices with directions on how to indicate your choice. The choices include: reusing the current photo, emailing us a new one, signing up to have one taken for you. You can also sign up to purchase a photo directory when they are printed. Cost will be between \$6. -10, depending on how many we print.

## Social Action Education

We had a very successful first week of the homeless shelter in November. A big "THANK YOU!" to all 54 volunteers from QUUF who worked a total of 405 hours. They include Joyce O'Neal who represents QUUF and is a member of COAST, Diane Haas who coordinated the following volunteers for meals: Ann Weinmann, Jan Forrest, Deb Carroll, Jenifer Taylor, Lisa Cosby, Rachelle Burt, Kendra Golden, Dick and Susan Pratt, Neal and Bobbie Liden, Susan Petrenchak, Don and (Jan) Givens, Linda Little, Sharon Salisbury, Nancy Richards, Jane Souzon, Diane Bommer, Nancy Shipley, LaVaughn Snel, Cara Leckenby, Sharon Gonzalez Alei, Dorothy Westlund, Gary Nelson, Diane Haas, Jasmine Jenson, Janelle Goldhammer, Helen and Kees Kolff, Beth and Doug Ross, Carolyn and Jack Salmon, Barb and Mack Boelling, Kath and Jim Gordon.

Dave Ditzler and Don Berg coordinated volunteers for night monitors as follows: Dave Ditzler, Kees Kolff, David Rymph, Rachelle Burt, David Bommer, Jim Gordon, Jim Golden, Al Thompson, Kathy Stevenson, Bill Harju, Julia Cochran, David Alvarez, John Collins, Holly Mayshark, Don Berg, Joyce O'Neal, Mack Boelling, Ryan Merle, and George Gerczak.

Seven guests checked in the first week with an average of four per night. The second week (First Baptist) had more than 14 a couple of times, so the number is increasing.

As part of the Green Sanctuary program, Diane Haas worked diligently to put into place a number of earth friendly practices, such as recycling, composting, buying supplies in bulk to reduce waste and packaging, providing each guest with their own reusable water bottle, and providing and laundering cloth napkins and towels. QUUF initiated these during the first week of the homeless project and left instructions for successive churches to implement if they chose.

Not only did we do a service, we had fun in the process. Members of my covenant group along with Cara Leckenby worked together in St. Paul's kitchen to prepare a meal and we did more than that; we talked, laughed, and enjoyed the camaraderie of working together that we so rarely get to do these days. We all agreed it was great fun! So I encourage other groups - covenant groups, support groups, or others - to team up and help during our week in January (27th -Feb. 3rd).

If you prepared a meal and want to be reimbursed, please fill out a form found in the office and place it in the SAEC mailbox. It will be forwarded then to the treasurer who will send you a check. Make sure you make it clear to whom the check is to be made out. And, we also welcome your feedback on how things went and any ideas for making it better. We continue to learn each time we do this and someday we may have it down to a science!

SAEC is working hard to decide on what issues we want to focus this year and next. We will be meeting early in January to discuss the various ideas we have and make some decisions. If you wish to be a part of this discussion, call Diane Bommer, 385-7947. What we do know: Diane B. has decided not to head the Queen-for-a-Day event this year. We are open to that event still happening if anyone comes forward to organize it. We plan to put on some peacemaking workshops, including a group to study the UUA study-action issue on peacemaking. And, we are very excited about the idea of helping our own QUUF member, Cara Leckenby, build her Habitat for Humanity house, starting in March! You can see her blog about this at <http://buildingdreams2008.blogspot.com>.

As part of our focus on Peacemaking, SAEC is sponsoring an introductory workshop on Compassionate Communication. This effort is a part of the Unitarian Universalist Peacemaking Congregational Study Action Issue (CSAI) program. Compassionate Communication is a simple yet powerful tool for transforming judgment and criticism into understanding and connection. Join us on **February 3<sup>rd</sup>** for a three hour introduction and see how you can begin to hear what others are asking for no matter how they are saying it! Learn to break the patterns of thought and habits of speech that lead to arguments, anger and depression. You will find a sign-up for this in the back of the church.

### Thank You

Thanks to the generosity of the Fellowship, a hastily assembled request for help buying gifts for some special children was granted, in spades. The children are developmentally delayed for various reasons and need special toys that provide the required stimulation. Often these toys are expensive and beyond the means of the families. All the gift requests were honored in addition to \$430 which will be used to buy the special headphones. Any remaining money will be used for appropriate toys for either the children or a sibling. Thanks to all of you for contributing and for caring about these special children.

**QUUF Newsletter**  
2333 San Juan Avenue  
Port Townsend, Washington 98368

*First Class Mail*

**Get Your Newsletter by email**

The QUUF newsletter is an emailed pdf file. To be added to the newsletter e-distribution list, email the QUUF office at: quuf@olympus.net. You can also download a copy from our website at www.quuf.org.

The QUUF Newsletter is mailed or e-mailed free to members.  
The subscription rate for non-members is \$25 per year.

**Bulletin Board**

**We have thoroughly enjoyed the beautiful plants and arrangements in December from:**

Lars Watson  
Carolyn Latteier  
Nancy Mann  
Jeanette Richoux  
Donna Logan  
Celeste Dybeck

Many thanks,  
The Sunday Services Committee

If you'd like to contribute flowers, plants or art pieces, or have a special occasion to celebrate, please contact Nancy Richards at 385-2797 or Julie Duke at 385- 4771.



**The deadline for the  
February newsletter is  
Tuesday, January 22nd**

**The Numbers from "Share-the-Trip Sunday":**

We challenged the congregation and you rose to the occasion. On Sunday, Dec 16th, combining both services, 33 of you either biked or walked and 107 of you car-pooled. Overall, this was more than twice the number (14 & 54) as the previous Sunday. Thanks to all!

Barb Boelling & Susan Pratt, co-chairs  
Green Sanctuary Committee

**SPIRITUAL DIRECTION OFFERED**

As part of my contribution to QUUF, I'm offering to see 2 or 3 people in spiritual direction without payment. Spiritual direction is an ongoing conversation – usually once a month – that helps you explore your longing for a conscious, closer relationship with Spirit (or Higher Power, Deep Self . . .). We reflect together on the experiences of your daily life to help you find the thread of meaning, the flow of the sacred. If you think we might have a fit, give me a call, Karen Frank, 385-4255. I have my master's degree in theology, specializing in transforming spirituality, from Seattle University, along with certification as a professional spiritual director.