

Quimper Unitarian Universalist Fellowship



A Welcoming Congregation

December 2007

December Sunday Services

December 2, 9:15 & 11:15 A.M.

“Starting in Silence”

Guest Speaker: Peter Levitt

Peter Levitt is the author of nine books of poetry, including *Bright Root*, *Dark Root*, *One Hundred Butterflies*, and, most recently, *Winter Still*. He also co-translated, with Kazuaki Tanahashi, *A Flock of Fools: Ancient Buddhist Tales of Wisdom and Laughter* and edited Thich Nhat Hanh's, *The Heart of Understanding*, and Jakusho Kwong's *No Beginning, No End: The Intimate Heart of Zen*. Mr. Levitt lives with his wife and son on Salt Spring Island, BC, where he is the resident teacher for the Salt Spring Zen Meditation Circle. His sermon theme will be a reflection on silence, light, and creation.

December 9, 9:15 & 11:15 A.M.

“Thirst”

Rev. Bode with Nan Toby Tyrrell and Paul Becker

On this second Sunday of the Christmas season when we light the Candle of Hope, I will look at how two naturalist poets, Mary Oliver and Robinson Jeffers, sought hope in the midst of the loss of their life partners. In addition to the lighting of the second candle of Christmas, Nan Toby Tyrrell and Paul Becker will light Hanukkah candles.

December 16, 9:15 & 11:15 A.M.

“The Deepest Essence of Love”

Rev. Bode with Adriane Oliver

This Sunday when we light the Candle of Love, my sermon will relate to a reading at the memorial service of Niels Holm this past October 13. Adriane Oliver, who officiated with me at that service, will join me in this service leading a meditation.

December 23, 9:15 & 11:15 A.M.

“Expressions of Appreciation and Joy in the Christmas Season” Rev. Bode and Erica Brunquist.

On this fourth Sunday of the Christmas season, we light the Candle of Joy. Erica Brunquist and I will speak about joy as it relates to the season.

Monday, December 24, 5:00 P.M.

Children's Christmas Eve Candlelight Service: This service is geared to children, their parents and grandparents. Each child will receive his or her own candle for the service.

Monday, December 24, 7:00 & 9:00 P.M.

Christmas Eve Candlelight Services Rev. Bode will speak at both services under the title, “The Star at Christmas,” drawing from Robert Frost's poem, “Choose Something Like a Star,” especially the line, “It asks of us a certain height.” Music will be provided by Beatus Meier at the keyboard with special guest, Bertram Levy, playing the bandoneon, a concertina-like instrument associated with Argentinian folk music. Bertram Levy, celebrated on the Olympic Peninsula as a folk musician and director of the Seattle Sextet, recently retired as a Port Townsend M.D. and splits the year between here and Buenos Aires. Each service will conclude with the lighting of individual candles and the singing of “Silent Night.”

December 30, 9:15 & 11:15 A.M.

Eighth Annual Holiday Music Service

We end our calendar year with our Eighth Annual Holiday Music Service featuring the QUUF choir, directed by Marj Iuro, with guest ensemble “Exact Change” joining them. Please join us to in saying goodbye to the holiday season and hello to the coming year.

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The Season of the Heart



As the light of the days shortens and the darkness of the nights deepens, the season invites us to descend into the interior places of our lives. Here we consider not only what sustains us and keeps us going, but what lifts us and brings us joy. We consider not only what keeps the heart beating, but what makes it occasionally skip a beat in wonder and love. Thus, we enter the festival season of the year with its lights and bells and songs.

My mentor for celebrating this season of the heart in the context of liberal religion is Dr. Duncan Littlefair, the minister who both gave me my chance in liberal religion and opened to me much of its treasure. He saw this festival season as an opportunity for liberal religion to really shine, to speak to and celebrate those universal qualities of the heart and spirit that not only make us most human but which will keep us most human.

Dr. Littlefair once said to me, "If the liberal church had only the Christmas season, and if it celebrated it as it could and should be celebrated, it would validate its existence on that basis alone." For him, the figures of Santa Claus and the Christ-child served as images for the heart and spirit – Santa Claus more for children; the Christ-child more for adults – and he had not much patience with those on either the religious right or left who would point out that Santa Claus and the Christ-child are "not real."

In leading these festival services at QUUF since I've been with you, I've employed the responsive readings that Littlefair used during this season with but slight adjustment. Some lines in the first of these responsive readings often catch me:

We do not always come to the Christmas season with happy hearts and care-free minds. We are not always ready to sing and rejoice. Sometimes we are burdened with personal sorrow. Sometimes our community is torn with dissension. Sometimes our world is ravished with war. Sometimes, even at Christmas, the world seems dark and dreary. We are burdened with the memory of too many failures, too many defeats, too much sorrow. Sometimes loneliness, fear, selfishness, discouragement, and resentment turn the bells of Christmas into bitter mockery. At such times, we must remind ourselves that the lights and bells and songs of Christmas are meant to celebrate not only the good we know, but the wonder and glory we have lost and would find again.

I don't know how harried and knocked apart you are as we enter this festival season. And, of course, many times in the frenetic way we go at this season, we just add to the rapidly revolving merry-go-round, contributing to our dizziness and depression. So, perhaps, it would be good upon entering this season of the heart to set aside some time and place for *your* heart. Why not take a little time now to consider what your heart needs and how it may be honored as we enter this festival season.

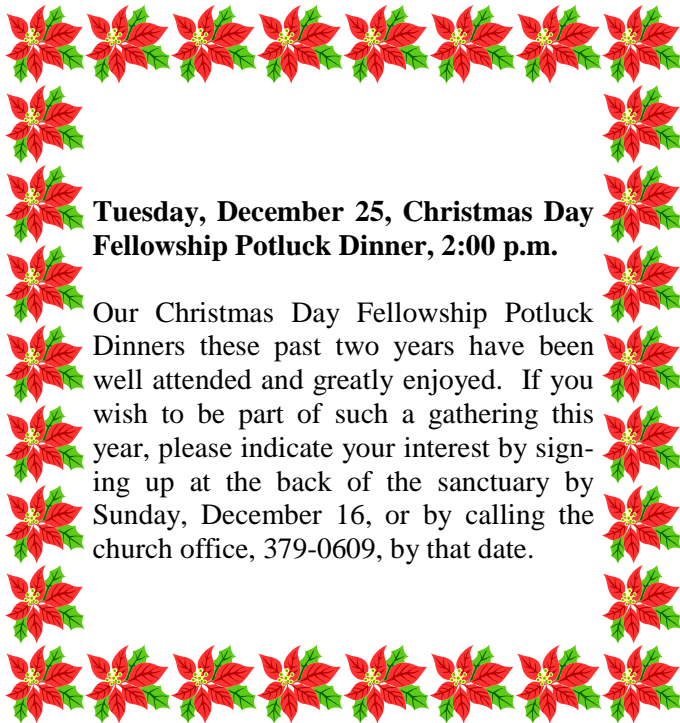
November 16, 2007

Bruce A. Bode

Office Offerings

There is a song in our blue hymnal entitled "How Sweet The Darkness". The first verse goes: "when windows that are black and cold are lit anew with fires of gold; when dusk in quiet shall descend and darkness come, once more a friend". I love the idea that darkness can be a "friend". This holiday season I hope you are able to gather round your loved ones and "light fires anew." We will continue to gather here at QUUF, with some beautiful services and a lively schedule of things coming up this month.

Thanks, as always, go to Helen Oakland and Mona Steffire for assembling and mailing the newsletter for December.



Tuesday, December 25, Christmas Day Fellowship Potluck Dinner, 2:00 p.m.

Our Christmas Day Fellowship Potluck Dinners these past two years have been well attended and greatly enjoyed. If you wish to be part of such a gathering this year, please indicate your interest by signing up at the back of the sanctuary by Sunday, December 16, or by calling the church office, 379-0609, by that date.

The official event calendar is available on our website: www.quuf.org.

Music Notes



Spaghetti Dinner, Talent/No-Talent Show

November 3rd was the 8th year for this popular event and more than 70 came to feast and make merry. The hit of the show was Ryan Hoffman, a middle schooler who had the audience in stitches with juggling, jokes and magic. Marj once again cooked the spaghetti and we cleared over \$300 in donations. Don't miss next year!

ANNUAL GENERAL MEETING ANNOUNCEMENT FROM THE AGM TEAM

AGM VOLUNTEER UPDATE: Leap over the holidays and start planning to attend the February 29 (Leap Day!) - March 2, 2008, Annual General Meeting in Tacoma. Registration materials should be in your congregations now. When you know that you will register, consider signing up to give 2 hours or a bit more to help other UU's find their way and enjoy their stay. Tasks include: registration, assisting with workshops, helping in the bookstore and with other scheduled activities. Those willing to work at least 6 hours overall, for instance helping with 3 workshops or 3 shifts in the bookstore, will receive a \$69 rebate of the \$185 registration fee. Please let Mary Watson (mwatson@harbornet.com) or Joan Benderson (joan.benderson@nventure.com) know as soon as you have made your plans.

LEADERSHIP COUNCIL - SAVE THE DATE

The PNWD Spring Leadership Council will be held in Eugene, Oregon on Saturday, May, 3, 2008. The Rev. Dan Hotchkiss, Senior Consultant with the Alban Institute, will be presenting the topic "Ministry Together: Governance in UU Congregations". Check the PNWD calendar (www.pnwd.org, click News/Events, then Calendar) for informational flyer.

OTHER MEETINGS (irregular ones not listed)		
Personnel Committee	3rd Tues.	6:30 - 8:00 p.m.
Building & Grounds	2 nd Thurs.	4:30 p.m. R.E. 2
Membership / Hosp. Comm.	3 rd Thurs.	4 p.m. R.E. 2
R.E. Committee	2 nd Tues.	7-9 p.m. R.E. 3 & 5

Children & Youth Religious Education

DRE Kathy Stevenson kstevenson@olympus.net

RE Calendar

Dec 2	9:30 Coming Of Age Challenge Course
Dec 2	12:30 Congregational Discussion of Building Design
Dec 7	6:30-8:30 Holiday/Christmas Party
Dec 9	Hanukkah Party
Dec 14	7:00 Coming of Age workshop
Dec 18	7:00 RE Committee meeting
Dec 23	Multi-age Sunday
Dec 24	5:00 Family Christmas Eve Service
Dec 30	Holiday Music Service-childcare, no RE
Jan 8	7:00 OWL Parent Meeting (K-2nd grade)
Jan 18	K-2 OWL begins
Jan 23	Deadline for Mystery Pal signups
Jan 27	Teacher Appreciation High Tea
Feb 9	QUUF Service Auction
Feb 24	Mystery Pal Find Out Sunday

Thank you to all who participated in our 20 year anniversary:

- RE Committee members, for the slideshow, gratitude tree, organizing, staging, suggestions, gifts.
- Children and youth, for your participation, childcare, smiles, good spirit.
- Congregation, for your hugs, kind words and support of RE and me.
- Bruce, for your words of introduction that I will hold close in the years to come.

With Love, Kathy

Holiday/Christmas Party: Dec 7th 6:30-8:30 is our annual ornament making and caroling party. This is for families, singles, all ages. It is a fun way to be together as a community during the holiday season. Please bring a snack or dessert to share. This is not a dinner event. Contact Lisa Crosby if you are able to assist with a craft.

Hanukkah Party: This year Hanukkah will be celebrated in each individual class on **Dec 9th**. Let Kathy know if you can contribute satsumas or donut holes, or if you would like to make Star of David cookies for the classes.

Christmas Pageant: Our Christmas Eve 5:00 service will again have children in grades 1 - 5 telling the story in costume. The roles will be given out on a first come, first choice method. Contact Kathy via phone or email. A rehearsal date will be set soon.

Green Sanctuary Program - We have had 2 sessions from our workbook *Journey for the Planet*. Week 1 was called "Dumping on Garbage" and we learned 11 ways to minimize what we throw away. As we know, there is no 'away', it has only been taken 'away' out of our sight. Week 2 was called "Wasting Water is All Wet." Children can earn points towards being a Global Hero if they take action, record it, have their parent sign it, and bring the packet back to RE class.

Our Whole Lives (OWL) sexuality program is for Kind - 2nd grade this year. If you have a child this age and have not received a mailing about this, contact Kathy immediately.

RE Committee changes: After many years of service on the RE committee, Lisa Crosby is stepping aside to focus on serving RE through the Coming of Age Program and curriculum development. Kolby Mertz and Rebecca Brignoli have joined the Committee.

Volunteer opportunity: The RE Committee is looking for a volunteer to scan the years of photos of RE to preserve them. Contact Deborah Carroll, 385-3830.

YRUU

The youth are off to a great start. They are working toward the possibility of another Bay St Louis Trip with Habitat for Humanity. Last month they participated by painting and digging ditches for a local Habitat Project. It is not all work though. We have an overnight coming up Dec 21 followed by a waffle breakfast. Each Sunday from 6-8 PM, they play games, eat, and connect with other great teens. We welcome all new faces so pop in.

QUUF Events

Friendship Dinner: Jenifer and Lynn Taylor will host the December Friendship Dinner, scheduled for **December 15, 2007**. If you would like to participate in the dinner, please contact Jenifer at 360-385-3666, (jentaylor@olympus.net) or Kate McDaniel at 360-385-1405, (kandkmcdaniel@msn.com). Details of the December Friendship Dinner will be posted in an upcoming bulletin. A sign-up sheet will be available.

**Tuesday, December 25,
Christmas Day Fellowship Potluck Dinner,
2:00 p.m. see pg 2**

Best Booksale Coming Soon!

Our Annual QUUF Used Book Sale is scheduled for **Saturday, January 19!** Please set aside your good, clean, books, videos and DVD's to donate that week. If you would like to volunteer to help with the booksale, call Alta Crawford @ (360) 379-4716 or email: aleenow@aol.com.

Mark your calendar:

The **QUUF Service and Stuff Auction, QUID PRO QUO** (Something for something) will take place on Saturday, **February 9, 2008** at 5:30 at the Jefferson County Fairgrounds. The cost is \$10.00 per person which includes a great dinner. Food, drink and merri-ment are all included.

We need your donations of service and/or stuff to make the evening a success. Be creative and fun with your donations...art, music lessons, dinner or your favorite book for example. You can find green donation forms in the back of the sanctuary on a clipboard. Expect a phone call from one of our acquisition callers. The auction is a fun way to replenish our QUUF general fund and to add to the new building fund.

Hold the Date

Stewardship Dinner: Saturday, March 29, 2008.
Erickson Building, Jefferson County Fairgrounds

Adult Learning Programs (ALPs) January - May 2008

For descriptions see the ALPs brochure due out on Dec. 2, or contact the leader/organizer of the event, or Jim Oakland (379-6561), or the QUUF office (379-0609).

BEGINNING IN JANUARY:

Writing Configuration, A Writer's Workshop, Nell Altizer (379-0358; Emerita professor of English, Univ. of Hawaii), Saturday mornings: **Jan. 5 - 26**, 10:00 a.m. - 12:00 noon.

Religion, Society and Politics: Contemporary Arguments, Carolyn and Jack Salmon (379-9392), Monday evenings: **Jan. 7, 21, Feb. 4, 18**, 7:00 p.m. - 9:00.

Spirit of Life, A Tapestry of Faith Program for Adults, Karen Frank (385-4255), Sunday afternoons: **Jan. 20, Feb. 10, Mar. 9, Apr. 20, May 18, and June 8**, 2:00 p.m. - 4:00.

Inconstant Mirror: The Changing Visualizations of Opera, Beatus Meier (379-2920), Thursday evenings: **Jan. 17 - Feb. 21** (skip 2/7), 7:00 p.m. - 9:00.

Choices for Sustainable Living, Helen Kolff (379-4858), Thursday evenings: **Jan. 17 - Mar. 13**, 7:00 p.m. - 9:00.

The Poetry of Robert Frost, Bruce Bode (379-0609). TWO SECTIONS: 1) Tuesday evenings: **Feb. 5 - Mar. 18**, (skip 2/26), 7:00 p.m. - 9:00; 2) Friday mornings: **Feb. 1 - Mar. 14**, (skip 2/29), 10:00 a.m. - 12:00.

Understanding the Middle East, Hyatt Barnes (437-4120), Monday evenings: **Mar.3-Apr.21**, 7:00p.m.-9:00.

Getting To Yes: Practical Tips For Building Consensus, Earl Murman (379-5372; Retired professor/ chairman, Dept. of Aerospace Engineering, MIT), Saturday morning, **March 22**, 10:00 a.m. - 12:00noon.

ONGOING EVENTS:

Early Bird Sunday Book Discussion, Every Sunday, 7:50 a.m. - 8:50, RE 2. The current discussion book is "A General Theory of Love" by Thomas Lewis, et al. For more information call Bruce Bode (bruce@olympus.net) or Elaine Nelson (elaine@zynrgy.com, 379-9949).

Science Night: Astronomy, 1st & 3rd Sundays of each month (Oct. - May), 6:00 p.m. - 8:00, QUUF sanctuary, Jim Oakland (379-6561; jhoakland@olympus.net). The wonder of the night sky tells us that our world is part of a vastly larger cosmos. But how large is it, where do we fit in, how did it all begin? These questions and many others are the subject of video lectures (projected on screen) by Dr. Alex Filippenko of the University of California, Berkeley, and are part of an astronomy course from The Teaching Company. Prof. Filippenko has a very relaxed lecturing style, and an abundance of animations, graphics, and beautiful photos mostly taken from telescopes (including Hubble), which makes watching a pleasure! Everyone welcome - you do not need to have attended the first lectures to be able to enjoy these videos!

SPECIAL EVENT:

Dance performance and workshops:

On **January 19th** ALPS will sponsor an evening of modern dance performed by the Next Stage Dance Theater of Seattle at 7:00 p.m. in the Chapel at Fort Worden. The company will perform selections from their 2007 season. The Next Stage Dance Theater was co-founded by Dominique Gabella of Switzerland in 1999. Dominique danced extensively in Europe and South America before she came to New York City to direct and dance for 12 years at the internationally acclaimed modern dance company Dance Music Light. Dominique will be joined by four other dancers and choreographers with experience dancing in Europe, Asia and the U.S. Their repertoire is extensive, ranging from traditional Graham-based technique to the Nihon Buyo of classical Japan. The Next Stage Dance Theater is committed to bringing the wisdom of age to movement and choreography. It is their hope to provide an arena for mature dancers to express themselves. You are therefore invited to participate in the following workshops on Saturday afternoon.

Workshop #1 (1-2:30pm)-Graham-based Technique with **Dominique Gabella** (open to all levels)

This class will explore the style and technique of Martha Graham through basic exercises (floor work, standing and moving through space) in an organic manner. Emphasis will be placed on the application of alignment and form, as well as the interpretation of Graham-based movement with simple images. Martha Graham technique develops an understanding of the spine, through spiral, contraction and release, and a sense of one's center in movement, which is essential for all forms of dance.

To finish the workshop, **Carolyn Rosenfield** will lead a "Cool down", integrating fluid movement, breath and alignment.

Workshop #2 (2:45-4:15pm)-Japanese Dance Technique with **Kazuko Yamazaki**

Here is a rare opportunity for you to learn Japanese dance from a licensed master. You will be introduced to basics of Japanese dance movement and technique used in traditional theaters like Noh and Kabuki. You will learn how to feel and express the quality of groundedness, paying particular attention to the posture, weight shifts, and the placement of the center of gravity. By the end of the workshop, you would be able to perform a short segment of a traditional ceremonial dance using a fan. Some kimono will be provided for those interested in learning how to wear a kimono and experiencing what it is like to dance in one.

To purchase tickets for the evening performance or participation the workshops see Rod Mitchell or Nancy in the QUUF office.

Designated Offerings

December 9 - NAMI (National Alliance on Mental Health), formed several years ago by Judy Tough and Sheila Lauder, provides support, education, and advocacy for those with a mental illness and their families and friends and reaches out into our community to educate the general public.

December 23 - COAST (the group that coordinates turning out volunteers to staff the shelter). This collection will provide funds in case of unexpected expenses not covered by OLYCAP or other donations, and will reimburse QUUF volunteers for their expenses in connection with the shelter project.

December 24 - Emergency Fund of the East Jefferson County Ministerial Association. East Jefferson County Clergy, a number of whom rotate as volunteer chaplains for Police and Fire Departments and the Hospital, may dispense funds (on a one time only basis) for individuals and families seeking emergency assistance for food, shelter or transportation.

Green Sanctuary

“What we do in the next two to three years will determine our future.”
“This is the defining challenge of our age.”

Rajendra Pachauri, a scientist/economist who heads the Nobel Peace Prize winning UN IPCC (Intergovernmental Panel on Climate Change), which just finished its last report, and UN Secretary-General Ban Ki-moon.

<http://www.sciencedaily.com/releases/2007/11/071118081601.htm>

EcoParty will happen again if you missed the first one, where 23 people munched delicious local foods, shared ideas on how to be greener at home, and heard from Anita Hicklin, Jeff. Co. Ecology Specialist. Thanks Barb Boelling and Donna Logan.

Carpooling needs more attention! Check maps in the stairwell and carpool with a neighbor once before the year is out! Thanks Susan Pratt

Greening the Homeless Shelter is underway! Sign up on the board for food preparation and monitoring. Thanks Diane Haas.

Possible Personal Energy Actions list is on our website, but first go to <http://www.12020.org/index.php?page=what-can-you-do> and click “**Download Carbon Footprint Calculator**” and get your baseline. Thanks Mike Morrissey.

Growth News

Signs of Progress: Take a look at the painted outline of the proposed new building south of the sanctuary and garden, and examine the drawings posted on the bulletin board in the back of the sanctuary.

These are baseline drawings for the proposed building, not the final construction drawings. They will be used by Malcolm to get a good estimate of the cost. When this is finished, we – the congregation – will go over them to decide what, if anything, our budget will allow to be added or cut. The main design of the building is established – major changes are not anticipated.

You will notice that the size of the building has returned to the original outline that the budget required. This may look like a cut, but the cut only trims what had grown into what we hoped for rather than what we can afford. If the cost estimates are favorable, some of the hopes can be realized. The opposite, of course, might be necessary, too.

A congregational discussion meeting will take place after the second service on December 2nd, when everyone will have a chance to question or comment on the process and the design.

Marcia Lewton

The “Green” Newsletter Submission Guidelines:

Approximate word counts:
 Minister’s Column: 500-600 words
 RE: 400-500 words
 Board Report: 300-350 words
 Committee Report: 200-250 words

(In Word, you can go to “Tools” and choose “Word Count” and it will give you the total.)

“Brevity s the soul of wit.”
 Shakespeare's *Hamlet*

Sanctuary Flowers

We are grateful for the lovely flowers and plants during November from:

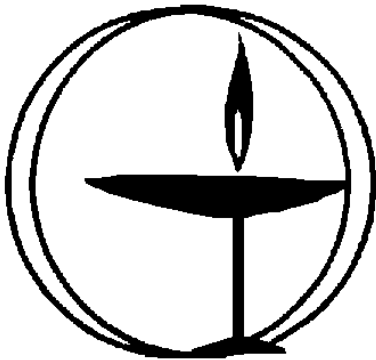
Donna Logan
 Jenifer Taylor
 Nan Toby Tyrrell
 Jan Givens

Many thanks,
 The Sunday Services Committee

If you’d like to contribute flowers, plants or art pieces, or have a special occasion to celebrate, please contact Jan Givens 437-0728 givensdj@msn.com

Money Matters

With the Fellowship's membership growing, a building expansion in the works, and a number of funds to manage, the QUUF Finance Committee has been busy. Among other things, the Finance Committee prepares the annual budgets, works on ways to obtain the best loan possible for the building expansion, oversees any Fellowship funds that have been invested, and provides financial recommendations to the Board of Trustees. We thought you might be interested in knowing a little more about Fellowship's finances and the Finance Committee in general. Watch for the new Money Matters section of the newsletter beginning in January. It will be providing you with information of interest about QUUF finances.



Stewardship Committee

What's In a Name?

A few years back, the Canvass Committee changed its name to Stewardship Committee. At that time we realized that our goal was more than canvassing members to raise money to cover the operating budget for the fellowship. As important as that task is, we felt that the term "stewardship" better reflects our year round commitment to our fellowship and its mission. Support has many components. In addition to our financial gifts, we give of our time, our energy, ourselves. We challenge ourselves and each other in formulating our beliefs and we struggle to practice our values in the wider world. Stewardship is caring for the organization that cares for us. Stewardship is reciprocal. As we are in the midst of this season of thanksgiving let us be thankful that QUUF is an important part of our lives as we are all important to the life of our fellowship.

Marilyn Mitchell, Stewardship Committee

The Greening Kitchen

Dear Kitchen Witch,

That consistent question at the check out station, "plastic or paper?" makes me want to give the right answer. What is it? Please comment.

Harmony

Dear Harmony,

The answer is not clear. Here are some facts for you to peruse:

- **Paper** - It's from a renewable resource (Yay!), but its manufacture and recycling both use more energy, chemicals, and water than the same processes for plastic. Paper on its own biodegrades. However, paper in landfills packed under plastics and other waste biodegrades very slowly.
- **Plastics** - Only 1% of plastic bags are recycled, 20% of paper. Plastic bags take up less space in a landfill, and produce less air pollution according to 1991 study by Franklin Associates. Being into a natural cynical witchery, I called QFC about the box for collecting plastic bags for recycling. They patiently referred me to the distribution center and on to the TREX Company which produces "timeless decking" from plastic bags. - don't know what happens to left over bags.
- **Feedback from Kenya** - Wangari Maathai, winner of the 2004 Nobel Peace Prize for her creation of the Green Belt Movement, wrote of her memories of market days with women carrying those beautiful hand woven baskets and the disappointment she felt to see plastic bags blown over the land and harboring mosquito life.
- **The Answer** - Daniel Imhoff says that the answer lies in renewable systems- cloth bags and strong community recycle and reuse programs.

Summer Vegetarian Times, 2007, "Best Buys"

Unbowed, Wangari Maathai 2006

Paper or Plastic: Searching for solutions to an Over-packaged World, Daniel Imhoff



**The deadline for the
January newsletter is
Saturday, December 22nd**

Membership

New Members

We welcomed ten new members at services on November 18. They will be listed in a new edition of the directory and will be added to the planned new edition of a photo directory (publication date uncertain). Most attended the recent orientation classes. The next orientation for those interested in learning more about the fellowship and Unitarian Universalism will be a one-day event on Saturday, February 2.

The Goldhammer family includes Lee, Janelle, and their grandson Ryan Hoffman. Ryan performed at the recent talent show and is part of the Coming of Age program. Lee is a semi-retired solar physicist from Hughes Space & Communications. He is well known for his work in research, design, management and manufacturing of space solar power systems and still travels some to consult. He loves to fish, and also to play any kind of music on his stand up bass. He enjoys being in nature and with friends and family. Janelle was a marriage and family therapist for 15 years before retiring. She has taught classes, led workshops, and supervised student interns. Now she enjoys planning, writing and officiating at weddings, vows rehearsals, funerals and house and baby blessings. She is also a nature and music lover.

Aholaah Arzah is an artist and writer, now employed as a support aid for the disabled. She is currently a student in philosophy at Eastern Oregon University. Aholaah is the mother of two. Her daughter Tranisha is active in our youth group and is the care provider of the nursery.

Shannan Kirchner Holmes was raised in a liberal Anabaptist tradition with non-creedal work/deeds and words, and above all, non-violence. She has found a niche in this community with a group of like-minded socially conscious folks. Shannan is a family physician with Jefferson Medical Pediatric Group. Her husband Nate Holmes is a local police officer, and their son Samuel Holmes is nearly three.

Martha (Marti) McMahan recently moved to the community with her husband, Bob, after he retired this year. They live in Port Ludlow. The water, the vistas, the wild outdoors and fewer people inspired them to relocate. Martha was born in Michigan and raised a Unitarian. She lived most of her adult life in Portland,

Oregon, and was a member of the First Unitarian Church there. She pursued a career in the business world and currently works from a home office for IBM. She and her husband, Bob, share their home with five cats, three of whom joined them as feral kittens this summer. She loves to birdwatch, scuba dive, go camping and travel. And yes, the cats are indoor only cats. It is Martha's wish in joining this church to develop some wonderful friendships and to continue to grow her relationship with God.

Chris and Rebecca Brignoli are both originally from the East Coast and met while attending Ithaca College. After graduation they did some extensive sailing across Europe, through the Mediterranean to Turkey, to the Canary Islands, West Africa, and Brazil. They moved to Seattle in 1995 and started a boat repair business together. In 1999 they bought a house in Port Townsend, and in 2003 Chris became a member of the Port Townsend Shipwrights Co-op, focusing on electrical and systems work. Currently, their lives are focused on Hope, age four, and baby boy River. However, they plan to return to the water as a family, photographing and writing about their sojourns, while enjoying the magic that this life can provide.

David and Renee Moe have been attending QUUF for several months and came to last spring's orientation series. Recently David commented to this writer that he had decided that he couldn't NOT join QUUF. David works at the mill as a computer programmer. He and Renee built their house on Quail Ridge Court when they came here in 2004. Now David is building a boat. We welcome David with his skills in construction and carpentry! Renee was born and raised in Seattle. She has two sons and a daughter. Together she and David have a blended family with eight grandchildren. Their 16-year-old grandson, Taylor, lives with them. Renee works part time for a home care agency. She loves discussions, playing her guitar and singing. She hopes to find people at QUUF who will enjoy making music with her.

Paul Rogland has lived in Port Townsend for six years and in the Pacific Northwest his entire life. Before moving to Port Townsend, Paul attended UU churches in the Seattle area. He is now returning for the stimulation and fellowship that QUUF offers. Other religious experiences have been Taoism and the I Ching, as well as Unity Church. Paul can advise you on Feng Shui. He has a married daughter living in Seattle.

QUUF Newsletter
2333 San Juan Avenue
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Bulletin Board

Wanted: English Tutor

Can you help Claudia improve her English? Claudia is from Venezuela and will be visiting Don Berg and Kirsten Harma from December 17th through January 12th. She is 26, speaks some English already, and would like help on conversation and grammar skills. This is a great opportunity for cross-cultural exchange. If interested, call Kirsten at 360-630-1097.

Bunk bed for sale: beautiful handmade *oak* bunk bed with captain's drawers. Mattresses included. Can be 2 single beds. \$300. Call Kathy 385-4565 or in the QUUF office.

Sisters Katrina and Rita: Poems from the Aftermath by Mark Brodeur available for purchase at less than the sale price directly from Tate Publishing. Their toll free number is 888.361-9473 and website is www.tatepublishing.com.

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SPIRITUAL DIRECTION OFFERED

As part of my contribution to QUUF, I'm offering to see 2 or 3 people in spiritual direction without payment. Spiritual direction is an ongoing conversation – usually once a month – that helps you explore your longing for a conscious, closer relationship with Spirit (or Higher Power, Deep Self . . .). We reflect together on the experiences of your daily life to help you find the thread of meaning, the flow of the sacred. If you think we might have a fit, give me a call, Karen Frank, 385-4255. I have my master's degree in theology, specializing in transforming spirituality, from Seattle University, along with certification as a professional spiritual director.