

Quimper Unitarian Universalist Fellowship



A Welcoming Congregation

October 2006

October Sunday Services

October 1, 9:15 & 11:15 A.M.

“Dimensions of Religion: The Ethical Dimension”

Rev. Bode. The fourth sermon in this series on religion and religious community looks at the ethical dimension of religion, first in religion at large, then in liberal religion, our Fellowship, and our personal lives.

October 8, 9:15 & 11:15 A.M.

“Dimensions of Religion: The Social Dimension”

Rev. Bode. A religious community is also a social community. In the fifth sermon in this series, I examine a very important part of religious community, namely its social dimension. How does the social dimension of our beings shape our congregational life? And how does our congregation as a social group relate to the larger society?

October 15, 9:15 & 11:15 A.M.

“Dimensions of Religion: The Experiential Dimension”

Rev. Bode. The sixth and final sermon in this opening series of the new church year explores religion in its most personal aspect, namely, the experience of the individual with what is ultimate in an individual's life.

October 22, 9:15 & 11:15 A.M.

“Two Wars, Two Presidents, Two Gods”

Rev. Bode. This Sunday I plan to do something I've never done before in my ministry, namely, deliver a sermon other than my own. The sermon I plan to deliver is a sermon given this past summer by a lay-member of the congregation I served in Grand Rapids, Michigan. The author of the sermon is Jeff Schad, a practicing attorney with a life-long interest in American history, especially the Civil War era. I think you will find that this sermon will supply plenty of food for thought, especially as we are approaching mid-term elections.

October 29, 9:15 & 11:15 A.M.

“Mixed Motivations”

Rev. Bode. This sermon is related to Halloween, that time of the year “when the veil between the worlds is thinnest,” when the difference between “who we are” and “who we are not” is not so clear. This year's Halloween message begins with an account of a person who is stuck in life, undermining with his actions the very thing he says he wants to accomplish.

Capital Campaign Kick-off, Sunday, October 15th (see ad page 5)

Harvest Party Friday, October 20th (see page 4)

WAVE Food Drive, Saturday, October 21st (see page 4)

The official event calendar is available on our website: www.quuf.org.

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On Community Building



I am writing a few days after the near-unanimous congregational vote this past Sunday, September 17, to go forward with a capital campaign to seek between \$700,000-750,000 in financial pledges to expand our present facilities. Never having been involved in a congregational building project of this magnitude before and believing in its necessity and significant possibilities for QUUF and the larger community, I am both pleased and excited by this vote and personally looking forward to contributing to it financially and physically. I think it's great!

On the other hand, this near-unanimous vote was nearly unanimous only for those who voted, which was somewhat less than half the members of the congregation. I ask myself what this means? There are, no doubt, many reasons why the vote included less than half our members, among them: four area festivals on this weekend, general busyness, and, not least, the sense that the vote was a foregone conclusion and the building project already on its way. Nevertheless, I want to briefly address that side of us (both as a congregation and individuals) that may be ambivalent about the necessity and value of this project. Borrowing from a very different theological tradition, I am speaking to that side of us that may not feel "caught up" in the enthusiasm and excitement of this project and may be concerned about being "left behind" in the "rapture" of the times. (Sorry, having thought of this, I couldn't let go of it.)

It seems natural to me that there would be different levels of enthusiasm and excitement among us for this building expansion. It is, after all, a huge undertaking that will require significant resources in terms of time, energy, and finances. And particularly for those who were involved in the construction of our current lovely buildings, there must be a sense of loss in saying goodbye to an era, to an intimacy, to a loveliness; while for those who have more recently become part of this congregation, there may be a sense of uncertainty with respect to their place in this community and therefore of commitment to this project. These and similar thoughts and feelings, it seems to me, would be natural, normal, okay, to be expected.

Thus, it is my hope, as we move forward with this project, that we not neglect the "necessary losses" involved. It is my hope that doubts, questions, concerns, and so-called negative feelings be allowed to surface and not be pushed underground. It is my hope that each member of this congregation will feel free to contribute to this project as seems appropriate to him or her. It is my hope that we not get so caught up in the future-oriented aspect of this project that we overlook the more important project of being an ongoing community of care and concern in the present. It is my hope, as in the first building project ten years ago, that in the enthusiastic process of building a new physical building, we build even more enthusiastically a community of spirit.

September 22, 2006
Bruce A. Bode

Office Offerings

Raindrops patter on my window, the tinkling of "Autumn Leaves" plays in the background, a steaming cup of ginger tea sits by my side. Life is good. Sigh. Life is BUSY, too, especially here at QUUF where the new church year is in full swing. Perhaps you have chosen an ALPs class or Covenant Group by now or found another way to be involved? There is much to do, and many ways to help make things happen. See below for one idea!

Every month a QUUF "Newsletter-Put-Together-Get-Together" team assembles and mails it after hardworking editor Alice King puts it out. I hope you enjoy reading the results. The NLPTGT helpers for the September issue were: Helen Oakland, Joyce O'Neal and Mona Steffle.

OFFICE VOLUNTEER NEEDED SOooooooo MUCH!

We have a GREAT group of office helpers at QUUF who come in week after week to make sure people feel welcomed and helped when they call or visit the office. There IS, however, ONE time slot left that still needs to be filled: 3 - 5 p.m. each Friday.

Just two little hours a week--light duty, comfortable surroundings. It's a great way to meet members and friends and to feel the POWER of sitting behind the desk at the hub of it all! Call Nancy ASAP to say "yes, yes, I want to feel the power!"

News from the Kitchen

- **napkins** - Way to go! RE kids are using cloth ones now at snack time. JoEllen Thompson and Carol Collins are sewing new ones. Thank you
- **Congratulations!** Reusables have brought down our trash output for the first time - A report from Building and Grounds.
- **Smelly refrigerator** - Cacophony of scents reported in the sanctuary. Please take leftovers home or to the outside garbage container. Leaving them for "someone" isn't working.

Thank you for celebrating the 7th Principle,
Kitchen Witch

Music Notes



Annual Spaghetti Dinner & Talent Show

Polish up your performances and save the date for the annual Spaghetti Dinner and Talent Show coming on **November 11**. Talk to Marj Iuro if you'd like a place on the program. All talent is welcome, both new and used. More info next month.

The choir needs more voices, especially women's. Again, talk to Marj.

USHERS HAVE FUN!

Parading around the sanctuary, collecting money, assisting Bruce, seating your friends and more. Call the Usher Czar, Celeste Dybeck, to see whether you can fit into the schedule, 385-2590 or e-mail: buckwheat@cablespeed.com. Looking forward to hearing from you.

Autumn Sanctuary Flowers

Thank you for sharing your garden with us.

Leone & David Smith

Diane & David Bommer

Donna Logan

Nan Toby Tyrrell

Carolyn Latteier

With appreciation, Sunday Services Committee

Please contact Donna when you have flowers, plants, or art pieces to share.

drlogan@olypen.com

385-0164

OTHER MEETINGS (irregular ones not listed)

Building & Grounds	2 nd Thurs.	4:30 p.m. R.E. 2
Membership / Hosp. Comm.	3 rd Thurs.	3:30-5:30 p.m. R.E. 2
C.Y.R.E.	2 nd Tues.	7-9 p.m. R.E. 3 & 5

Children & Youth Religious Education

DRE Kathy Stevenson kstevenson@olympus.net

CYRE Calendar

Every Sunday: RE at 9:15 and 11:15
YRUU 6:00-8:00 (High School Youth)

Oct 2	UU Drug Ed Program 7-8:30
Oct 13-15	YRUU PNWD Youth Con
Oct 15	Capital Campaign Kickoff Event
Oct 18, 25, Nov 1	New Member Orientation
Oct 20	Harvest Potluck and Party
Oct 21	WAVE Food Drive
Oct	Covenant Group for Parents (2 Mondays)

Sunday Morning Teachers:

We again have a wonderful group of QUUFers who have volunteered to teach for the year. This year we have a record number of dads teaching (3), and women who don't have children in the program (5), and of course our trusty 'moms' (11). Thank you.

Special Requests: Parents, please teach your children how to make cocoa at church. Many enjoy making their own but are unfamiliar with how to do it. Thanks. Send children to class with coats.

Harvest Party!!!! The Children and Youth RE Committee (CYRE) is hosting our annual Harvest Party on **October 20th, from 5:30-8**. Not Just for Families with Kids!!!! Potluck dinner starts at 5:30 with Harvest activities beginning around 6:30. Bring a pumpkin to paint or carve. Needs are: face painters, assistants for each activity, new ideas if you have one you want to lead, outdoor supervision. Contact Lisa Crosby 385-2977 or Kathy 379-0609. Carving will be possible only if we have enough supervision. By popular demand we will all gather for a campfire program around 7:30.

HELP with WAVE Saturday, October 21st.

WAVE is the annual countywide food drive. This is an important way for us to join other faith communities in Jefferson County, and be recognized as a socially caring religion. QUUF has participated for over 14 years, collecting bags of food left on the porches of PT homes. It takes 2 hours on a Saturday morning. It is a perfect way

for our children to see our faith in action. Contact Kathy or Bruce for information and to sign up. Children should be at least 5. WAVE is an acronym for What A Valuable Experience. Adults without children also greatly appreciated. For the first time we will be collecting in our church's neighborhood.

Covenant Group for Parents-

2 Monday nights/month

It is common for parents to feel that their spiritual and community needs don't get met only on Sunday morning or other times in the week. ALPs Programs seem overwhelming because either there is a book to make time to read, or the topic isn't personal enough. And there is always the childcare issue. So, consider signing up for a Covenant Group for Parents:

- facilitated by Tracy Thompson,
- childcare at the church by teens with Kathy overseeing,
- topics that are personal, inspirational, spiritual.

October 15th is the Kickoff Party for the Capital Campaign.

This is a party, with fun activities for our children. So bring them, and you. The children most engaged and enthusiastic about church are the ones who come to special events in addition to Sunday mornings.

Building Design Help - The building and construction committee needs our help. They are asking for a Task Force for RE building needs. This group would look at building plans, make comments, suggestions and be pivotal in meeting the needs of families, kids and youth. Contact Kathy or Building Design Committee if you are interested.

See elsewhere in newsletter for more information on: Covenant Groups (page 7), Capital Campaign (ad page 5) and Building Design Task Forces (Growth News page 8).

YRUU

YRUU (Young Religious UUs) has been meeting every Sunday evening 6-8.

They share meals, stories, games and thoughts on how to spend the year together. To attend Fall Con, youth must have attended at least 2 Sunday evenings.

QUUF Events

MEN'S RETREAT 2006

This year's men's retreat is to be held **Friday evening November 10 thru Sunday morning November 12**, at scenic Deception Pass State Park on north Whidbey Island. There will be various opportunities to enjoy fellowship, getting to know others, discovery, as well as relaxation. We will have indoor accommodations as well as the use of the parks beaches, lake and trails. Cooking and cleanup is a cooperative activity. Last year's inaugural retreat was given great reviews by the participants and this year promises to be better. The \$45.00 cost includes food, lodging and any materials required. Scholarships are available. Registration forms are available at the back of the sanctuary thru October and must be received by November 3, 2006, which is also the last day for a full refund if you need to cancel. Upon receipt of your registration, you will be sent detailed instructions that include a retreat schedule and a list of items to bring. For more information, see Don Berg, Carl Nomura, Rod Mitchell, or David Bommer.

SAVE THE DATE!

January 27, 2007...Food, fun and frantic bidding at the Great QUUF Service Auction... Details Soon....



Members and Friends, Children and All



You are invited!
 A party under the QUUF BIG TOP!
 October 15 - 12:30 PM
 Great food, wonderful music, and much more
 to celebrate our Building Campaign.



Friendship Supper

The third Saturday, as usual, we will schedule a small group potluck dinner for people who are seen around QUUF now and then, or their friends. Informal, friendly, great food, good conversations, sometimes good jokes: just your basic UU get together. This month that is Oct. 14.

If you'd like to reserve a spot, call Jenifer Taylor at 385-3666 (jentaylor@olympus.com)

Newcomer Information Program

October 18 and the next two Wednesday evenings have been set aside for newcomer orientations, 7 - 9 PM in RE room 2. These programs provide information about the history and organization of the fellowship, and philosophy of Unitarian Universalism. Much time is allowed for questions and discussion. Attendance at these is encouraged for anyone considering joining. Please sign up for this series at the greeters table. You may contact the office or Rev. Bruce Bode (379-0609) and Barbara Dyer (379-0353) for more information. The membership committee offers two more orientation programs during the year: a Saturday in February and another series of three evenings in April-May.

First Sunday Goodies

In the kitchen is a sign up for people to indicate they are willing to bring some kind of goody for the first Sunday of the month. Cookies, grapes, crackers--anything seems to be welcome. We need two people when we have two services, so a person could bring their cookies to the service to which they are coming. Can you do that once this year?

The first Sunday of September someone, we don't know who, brought a large bunch of great cookies for the 10 am service, that was much appreciated and consumed with great satisfaction by the assembled masses. Whoever that was, THANK YOU! The report we got was that the couple was tall and couldn't stay for service. I have asked every tall person I ran across this month and have not found out who that was, yet.

FALL IN THE ALPS Adult Learning Programs (ALPs)

September to December 2006

OPEN CLASSES:

Science and Religion Discussion Group, Jim Tough, facilitator. Meets the **first Sunday of each month beginning October 1, 7-9 PM, Sanctuary.** This year we will work our way through the new book by Daniel Dennett, "*Breaking the Spell, Religion as a Natural Phenomenon*". Dennett has written widely on many topics including consciousness and evolution. This new work seeks to understand traditional religion using the tools of science, and discusses why and how it has commanded allegiance, become so potent, and shaped so many lives so strongly. In his review of the book, Jared Diamond says: "How would a visitor from Mars dispassionately explain human religion? We'll never know for sure, but my guess is that the result would be something like this crystal-clear, constantly engaging, and enjoyable new book..." If this topic appeals to you, come to the Science and Religion Discussion Group and participate in the spirited discussion. Everyone is welcome. Contact Jim Tough (385-3065, tough@olympus.net) for more details.

Other Cultures, Other Peoples, Jim Oakland, facilitator. Most of us are so deeply and unconsciously immersed in our own culture that we don't easily grasp how differently other cultures can perceive events, people, and life, or how similar acts can have quite different meanings. Question: Is there such a thing as progress? Are modern technological nations really happier and better off than "primitive" hunter-gatherer societies? What is the cultural significance of gift giving? What are the different types of cannibalism, and the beliefs associated with them? Does our economic system make sense when viewed culturally? Each class will be one or two *Video lectures* (by Prof. Edward F. Fischer, Vanderbilt University) followed by discussion. *You do not need to attend every session.* **Wednesdays, 5-6:45 PM, Sept. 20 to Dec. 13.** Call or email Jim Oakland, 379-6561, jhoakland@olympus.net for location or information.

Work: Drudgery or Bliss? Marcia Lewton & Karen Page, facilitators. Folks who remember the classes on Family, House, and Money that Karen Page and Marcia Lewton facilitated a few years ago will want to attend

their new offering on the subject of work. This class, too, will be composed of three discussion periods and one for undertaking a simple hands-on project that can be taken home to rest upon your coffee table – or hidden in your closet. For the workaholics among you there are many volumes dedicated to toning your productivity. For the lazy there's a new book available by Tom Lutz called "Doing Nothing: A History of Loafers, Loungers, Slackers, and Bums in America." Industrious Karen and Indolent Marcia promise to make this class fun. **Tuesday mornings, 10AM–12N, October 3, 10, 17, and 24, RE 2-3.** Class size limited to ten. Questions? email or call Karen, 385-4389, rpage@olympus.net, or Marcia, 385-4560, mlewton@olympus.net.

Chanting, Toning, and Movement: Opening Yourself to Spirit, Karen Frank, facilitator. This is a participatory, experiential group with a minimum of didactic material (maybe 10%). We'll check in briefly then use chants from various religious traditions, toning (nonverbal sounding), and movement prayer. We'll talk about our experience with these before we leave each gathering. Group members are encouraged to bring chants they know and share them with the rest of us. Try something new (or familiar) as we expand our connection to each other and to the Transcendent. I welcome anyone over about 12 or 13 years old. **Tuesdays, 3-5 PM, Oct. 3-Nov. 21, RE 2-3.** Questions? call Karen Frank, 385-4255.

Owning Your Religious Past, Bruce Bode, facilitator. This five-week class is geared for you who have been raised in a religious tradition other than that of the Unitarian Universalist tradition (though all are welcome). It provides an opportunity, in a small group setting, to examine your religious past: to see what you've left behind, what you've brought with you, what you might yet need to let go of, and what you might want to consider bringing forward, viz., how you might re-shape, re-configure, re-image, and re-imagine your religious past. Each session will use an exercise aimed at exploring different aspects of your religious past, such as: important places, special persons, and major changes and developments in regard to beliefs, values, behaviors, and understandings. **Tuesdays, 7-9 PM, Oct. 17-Nov. 14, >OR< Fridays, 10 AM-12 N, Oct. 13-Nov.10, RE 2-3.** Questions? call or email Bruce Bode, 379-0609, bruce@olympus.net.

FILLED CLASSES:

'Great Turning' Seminar, Bob Schultz, facilitator.
National Security, Jack Salmon, facilitator.
Voluntary Simplicity, Helen Kolff, facilitator.

ONGOING GROUPS:

Early Bird Sunday Book Discussion: Rev. Bode, facilitator. Meets every Sunday morning, 7:50-8:50 am in QUUF RE 2. Contact Rev. Bode at bruce@olympus.net or Elaine Nelson, 379-9949, elaine@zynrgy.com for information.

QUUF Book Club: Meets the second Sunday each month at 7:30 pm, Discovery View Apartments Lounge, 1051 Hancock Street. Barbara Dyer, coordinator, 379-0353, dyer@olympus.net.

Big Picture Discussion Group: Patricia Weedman, facilitator, 379-8161, briahna@earthlink.net. Call Patricia for information.

Meditation: Monday evenings 7-8:30pm. An ongoing meditation group meeting at the home of Clara Klug, 5515 Hendricks. Meditation for 45 minutes, then selected readings and discussion. Call Clara at 385-1084 for current information.

Thursday Breakfast Club: Thursdays, 8:30am. Enjoy breakfast, support and friendship. Call Nancy Shipley, 385-9024 or Lars Watson, 385-5577.

Women's Support Groups: Confidential peer support groups for women. For information call Lee Faulkner, 379-3612.

Knitting: Tuesdays, 3-5pm. Conversation, friendship, advice on knitting projects. Beginners welcome! Contact Nancy Shipley 385-9024.

Contract Bridge: Contact Barbara Jensen, 379-0556.

Brent Butler from the Department of Community Development and Heather Taracka from Emergency Prepared will be co-leading a free **Flood Awareness Class**:

When: Monday, October 9, 2007, from 6:30 to 8 PM
Where: Quimper Unitarian Universalist Fellowship at 3918 San Juan Avenue in Port Townsend (across from the Golf Course, around 22nd or 24th St). The class will cover eight topics:

- Flood warning system in Jefferson County
- Flood safety
- The local flood hazard
- How to read Flood Insurance Rate Maps

- Flood Insurance
- Methods to reduce property damage due to flooding (including drainage system maintenance)
- Regulations for developing properties in the floodplain (for new and substantially improved buildings)
- Natural and Beneficial Functions of the floodplains

Covenant Groups

Many persons, if not most, come to a religious community in anticipation of having the opportunity to explore matters of heart, soul, mind, and spirit in a supportive and caring environment. Often, however, those initial hopes go unfulfilled with the energy siphoned off into organizational concerns and other activities.

Covenant Groups, now in their fifth year, have been successful attempts to meet these desires of heart and soul, providing opportunities that foster a combination of both "intimacy and ultimacy." Our Covenant Groups provide a small-group setting in which persons can speak openly from their hearts on the deepest issues of their lives and attentively listen to others doing the same. Typically, these groups of 5-9 persons meet twice monthly from October to early June, with each group determining its own schedule. Topics for these meetings are prepared by Rev. Bode and the facilitators with whom he meets monthly, though, again, each group makes its own decisions on topics.

And something special this year: For the first time we are offering a Covenant Group for parents. This Group is planned for Monday evenings, 6:30-8:30 p.m., and will be facilitated by Tracy Thompson. Child-care at the church will be available.

Please note, those of you who are planning to continue with a Covenant Group from last year, there is no need to sign-up, though you should confirm with your facilitator from last year.

Sign-up for the 2006-2007 year is already underway, with sign-up and informational sheets available at the Greeter's Table in the back of the sanctuary. Please sign-up by checking your preferred days and times and you will be contacted as to which group you are in. If you have questions, please contact me at bruce@olympus.net or call at the church office, 379-0609.

Bruce Bode

From the Board

QUUF's Board of Trustees set a list of ambitious goals at its annual retreat in September. The following five goals will focus activities in the 2006-2007 church year.

I Further articulate a vision for the future of QUUF – As we enter a phase of expansion, it's important to identify what kind of Fellowship we want to be in ten or twenty years. Last Year the Long Range Planning Committee accomplished the foundation for this vision. The Board would like to enable the Fellowship to move forward with further clarifying its vision.

II Support Building expansion as positive community growth – We believe that expanding our facilities, as challenging as it will be, can and should be a good experience in and of itself. We want to help make this a community-building, bonding experience for QUUF.

III Foster the primary purposes of QUUF during the building process – While we are building, it's important to maintain the programs and community that we love. We will continue to welcome new members and support and expand programs.

IV Be a high-functioning Board – We want to continue to work well together, to conduct our business in a respectful, democratic fashion, to keep our eyes on the big picture, and to support and strengthen committees and leadership of the Fellowship.

V Define the place of social justice/community outreach within the congregation – We want to support the development of the social action and education committee, coordinate collection-plate giveaways with social action, and ensure that fundraising efforts are sensitive to and in keeping with the spirit of generosity and joy, not just obligation.



Growth News

The Capital Campaign and Building Committees are working to coordinate the building design with the means to pay for it. This part of the effort will keep them both busy during the fall.

We, the congregation, voted (101 – 1) on September 17 to proceed with the capital campaign, which now goes into high gear. Preliminary pledges are already coming in.

The kick-off event will take place on Sunday, October 15, at 12:30 after the second service, and will include lunch. We will celebrate this happening under a tent on our next-door property where the new sanctuary will rise. Knowing what QUUF all-church events are like, we can anticipate good food and hilarity.

The capital campaign will continue through October and November. By December we should have a dollar figure to guide our architect so that he can begin working toward a final plan.

There are preliminary "concept" drawings on the bulletin board at the back of the sanctuary. Much more conversation and research will go into the final design.

The first two such presentations and conversations from the Building Committee with Questions and Answers will be scheduled for a Sunday in November and a Sunday in December, at the end of each service so that everyone who attends that day can participate.

At these meetings, the size and configuration of the sanctuary will be addressed by the congregation. These decisions will be partly driven by finances, but also by congregational priorities. For example, the size of the sanctuary will determine whether we can return to a single service, and for how long. The configuration of the sanctuary, and the type of seating, will impact the kinds of uses (beyond Sunday morning) for the space. We anticipate lively discussions and innovative thinking as we tackle these issues.

In addition, **task forces** are being organized to include people who want to help plan and prioritize particular aspects of the design, which include 1) acoustics and sound system, 2) interior aesthetics and furnishings, 3) kitchen, 4) landscaping, 5) library, 6) worship and music space, 7) youth RE, 8) ALPS, and 9) outdoor space. If you want to serve on any of these task forces, contact John Collins, chair of the Building Steering Committee or Irv Mortensen, Building Committee chair.

(Continued from page 8)

Richard Berg, our architect, has advised us that the design process (including permitting, etc.) lasts over a year. The full design will not be fully begun until we have gone through the task force and congregational reviews and have the outcome of the Capital Campaign in hand. With this in mind, we have tentatively set a target day for groundbreaking of January 1, 2008.

Designated Offerings

Giving to the Community

QUUF has begun a new chapter in generosity and outreach to the larger community! On September 10th we collected \$537.00 for *the gatheringplace*. We also collected donations for the **Boiler Room** on September 24th.

These Designated Offerings will continue on the 2nd and 4th Sundays of the month and will be contributed to organizations that need our help and express in some way the liberal religious values of QUUF.

This month, October, the offerings will go to **Jumping Mouse** on October 8th and **Eccho** on October 22nd. Representatives from these organizations have been invited to be available after the Service to answer any questions you might have.

October 8th: **Jumping Mouse Children's Center** is a home atmosphere treatment center that supports the difficult psychological healing work of young children, many of whom have experienced trauma. They also work with parents to solidfy changes and bring about deeper understandings.

October 22nd: **ECHHO**, in partnership with community organizations and volunteers, provides medical equipment, transportation, chores and support services primarily to elderly, disabled, low or limited income people to encourage them to remain living independently.

The committee is excited by the generous response of QUUF. They are open to any suggestions for future recipients. Contact Pam Daly, chair, Don Berg, Sue Estes, Jan Forrest, Gayle Kaune, Rod Mitchell, or Bruce with any suggestions.

Habitat Update

QUUF joined with other Port Townsend churches to build two Habitat for Humanity houses in 2004. Many of us are still involved and committed to this organization. This is a volunteer job where one can really see the results of their actions! Here is an update from Deb Weise, volunteer coordinator:

Habitat for Humanity volunteers continue to work with Inka Luoma and her son, Freeman, to side their home in the Treehouse Development near Fort Worden in Port Townsend. We're meeting the challenge of two-story construction with lots of sturdy scaffolding. Contractor Jerry Brunner continues with the drywall. We hope to move volunteers inside in early October to work on trim, closet packages, cabinets and painting. We work Tuesdays and Saturdays, 9AM-4PM and we can use your help to meet our early November completion date! UUs make great volunteers! Please call Deb, 379-2827, to sign up.

Even those who are not able to help with the on-site work can help by providing lunch or snacks to the workers. Our church will be responsible for lunch on Saturday, October 7th. Please let Diane Bommer know if you would like to help or if you have questions - 385-7947 or dbommer@olympus.net. Also, look for a questionnaire I will be distributing this month in which you can let us know your skills and interests in being notified of volunteer opportunities.

Mark Your Calendars

FLU SHOT CLINIC AT QUUF, **Saturday, November 4, 2006, 10 AM to 2 PM**. Provided by Assured Home Hospice. Joanna England, RN and Wendy Stevens, RN will be administering the vaccine. If you have Medicare Part B there is no charge, otherwise the cost is \$22.00. There will be a sign up sheet at the back of the Sanctuary. We have a limited amount of doses, so please sign up early and mark your calendars. Joanna and Wendy

QUUF Newsletter
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First Class Mail

The QUUF Newsletter is mailed or e-mailed free to members.
The subscription rate for non-members is \$25 per year.

Bulletin Board

Check out UU Voices new interactive website at UU-VoicesWA.org.

Join Unitarian Universalists in Santa Fe, New Mexico, March 10 - 19, 2007. Pause, reflect, and meditate in the land famous for the light, art, food, museums, galleries, crafts, and the Native Indian and Spanish cultural heritage. Being in historic Santa Fe is a surefire remedy for today's stressful lifestyle.

Visit the two most important Indian sites in New Mexico: Anasazi cliff dwellers (1100s), Chaco Canyon, major center of ancestral Puebloan culture (850 - 1250). See the landscape that inspired artist Georgia O'Keeffe, and do an experiential art project. Walk a labyrinth at Ghost Ranch. Experience a Native Sweat Lodge. Soak in the waters at Ojo Caliente. Meditate at sunrise on a mesa or at sunset in the desert. Led by Rev. Wayne Walder (leads and teaches meditation) and Beverly Carr of Neighbourhood UU Congregation in Toronto. See www.nuuc.ca for details.

Karen Page will have a display of her new art work for the month of October at Sweet Laurette's in uptown. Check it out.

WINTER ELIOT -- It's not too soon to make your commitment to yourselves and your family to spend Dec. 28 - Jan. 1 (NEW YEAR'S) with your UU extended family. Rev. Patrick O'Neill is a former Northwesterner and a dynamic and powerful speaker. Eliot is a retreat from the busyness of the holidays in a warm and cozy, friendly atmosphere. Winter traditions include music and signing, letting go of "old" stuff in a boat burning on the lagoon, and an intergenerational dance followed by a Midnight Feast. Time for naps, quiet and rest too. Seabeck Conference Center is located amid tall cedar and fir trees on the shores of the Hood Canal, at the foot of the Olympic Mountains. Meals are served family style. Come find out how good life still is and how simple happiness can be. More information and registration forms available at www.eliotinstitute.org or 206-374-2497. Contact registrar@eliotinstitute.org.